

ANNEXURE IV

OHC
servicesAN ISO 15189 : 2012 Certified Organization
NABL Certified LabMEDICALSURVILLANCE PROFORMA

NAME : RAJA SEKARAN P		
AGE : 34/M		
EMP # : 25075		
REF BY : Ramco industries ltd -(Tirunelveli)		
LIS # : 31928		
MHC DATE : 01-03-21		
Medical history		
Personal History	Nil	
Present Complaints	No specific complaints	
Systemic Examination		
Cardio Vascular System	S1S2 +	
Respiratory System	NVBS +	
Abdomen	SOFT NON TENDER	
Central Nervous System	NO FND	
LAB INVESTIGATION	(1)BLOOD TEST (2)URINE TEST (3)SPTUM AFB SMEAR	(REPORT ENCLOSED)
	x-ray chest PA view	(REPORT ENCLOSED)
General Advice/remarks	1.Sputum for Asbestos -Negative 2.Advice to avoid direct exposure to occupational lung hazards(ref-NIOH guidelines) 3.Recommended to use personal protective equipment's 4.Advise breathing exercises' regularly& good life style practices 5. Eat green, leafy vegetables such as spinach, and collards. 6. Drink Three liters of water daily. 7. Aim for less than 2,300 milligrams (about 1 teaspoon of salt) each day. 8. Every 20 minutes, rest your eyes by looking 20 feet away for 20 seconds. At least every 2 hours, get up take a 10-minute break. 9. Brisk walk 30 minutes daily (will burn more calories). get fit and maintain heart healthy	

Cpt. K. H. S. Lee
 DR. HARI HARA SUDAN, IG 1555, 654
 Industrial Health Consultant
 TMC Reg. No. 94583,
 AFH Reg. No. 02003

Reg. Head Off : #7, S.M. Narayanan Nagar, Anna Nagar West Extn, Chennai - 600 037.
 Branch Off : #105-B, Kamaraj Nagar, Padikuppam Road, Chennai - 600 040.
 Mob: +91-84389 66443 / 95000 68178 | Email : ohcservicechennai@gmail.com

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Regn ID : 31788 / 31928
Name [Age] / Sex : RAJA SEKARAN P [34 Y] / Male
Employee ID: 25075
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
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TEST REPORT

BIOCHEMISTRY

GLUCOSE (RANDOM)

: 103.30 mg/dL 80 - 120

HAEMATOLOGY

ESR 1 Hr

: 14 mm 2-15

COMPLETE BLOOD COUNT

DIFFERENTIAL COUNT

Neutrophils

: 50 % 40 - 75

Lymphocytes

: 38 % 20-45

Eosinophils

: 7 % 1-6

Monocytes

: 5 % 2-10

Basophils

: 0 % 0-1

HAEMOGLOBIN

: 19.4 gm/dL Men : 13.5 - 18.0

Total WBC Count

: 5900 Cells / Cumm Women : 11.5 - 16.5

RBC Count

: 5.93 Millions/cumm 4,000-11,000

PLATELET COUNT

: 1.59 Lakhs/cumm Men : 4.5 - 6.5

Packed cell volume

: 58.4 % Women : 3.8 - 5.8

MCV

: 98.5 fl 1.50 - 4.00

MCH

: 32.7 pg Men : 40- 54

MCHC

: 33.2 % Women : 37-47

CLINICAL PATHOLOGY

URINE COMPLETE

Appearance

: Clear 76- 96

PH

: 5.0 (Acidic) 27- 32

Specific Gravity

: 1.010 30 -35

Protein

: NIL

Glucose

: NIL

Ketone

: Negative

Nitrite

: Negative

Bilirubin (Bile salt & Bile Pigment)

: Negative

Dr. V. Raamamoorthy
Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

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Report Type : Complete

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Urobilinogen	: Present in Normal Limits	
<u>DEPOSIT(MICROSCOPY)</u>		
Pus Cells	: 1 - 2 /hpf	
Epithelial Cells	: 1 - 2 /hpf	
RBCS	: NIL /hpf	
Casts	: NIL /hpf	
Crystals	: NIL	
Others	: NIL	
<u>MICRO BIOLOGY</u>		
SPUTUM AFB SMEAR	: Negative	

Negative : No AFB seen
/100 fields
Scanty : 1-9 /100 fields
1+ : 10 - 99 /100 fields
2+ : 1 - 10 / fields in 50
fields
3+ : > 10 / fields in 20
fields

**** END OF REPORT ****

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Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

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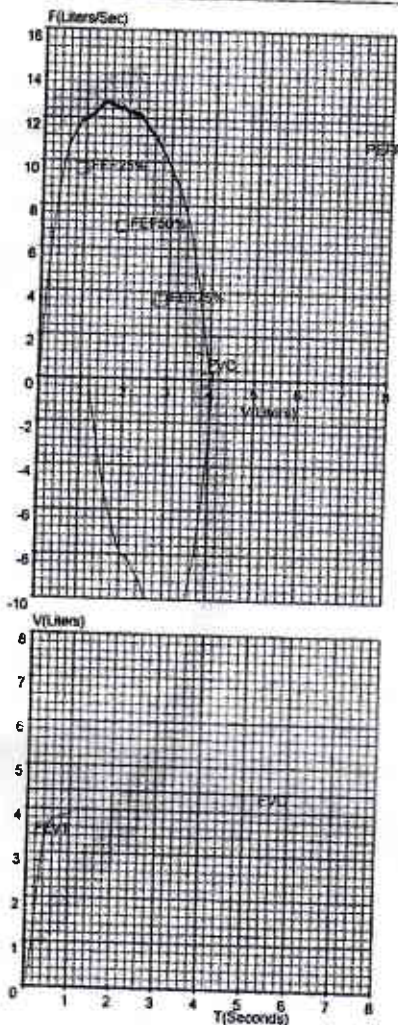
Clarity
Clarity Medical Pvt. Ltd.

RO-10 - RAJA SEKARAN P
34 Years / Male / Ht 178 Cms / 71 Kgs / Non-Smoker

FVC TEST
Date: 01-03-2021 (T1)

Pred Eqn : CLARITY
Ref By : NONE

Eth. Corr : 100
Tompaad Certified Lab

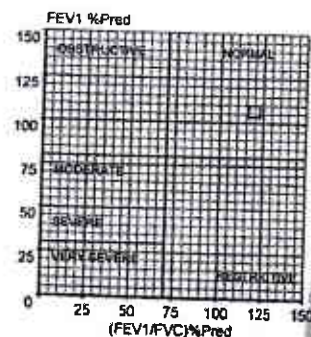
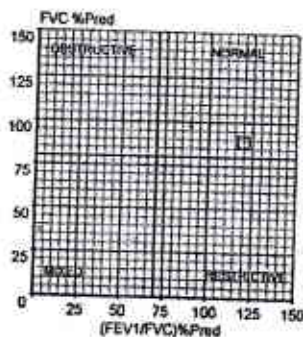


Parameter	Pred	Pre	Pre%	Post	Post%	Imp%
FVC	[L] 3.93	3.51	89	—	—	—
FEV1	[L] 3.28	3.49	107	—	—	—
FEV.5	[L] —	3.38	—	—	—	—
FEV3	[L] 3.82	—	—	—	—	—
FEV6	[L] —	—	—	—	—	—
PEFR	[L/s] 9.63	11.03	115	—	—	—
FEF25-75	[L/s] 4.36	10.14	232	—	—	—
FEF75-85	[L/s] —	7.20	—	—	—	—
FEF2-1.2	[L/s] 7.71	9.10	118	—	—	—
FEF25%	[L/s] 8.28	12.61	152	—	—	—
FEF50%	[L/s] 6.01	10.92	182	—	—	—
FEF75%	[L/s] 3.08	9.74	317	—	—	—
FEV.5/FVC	[%] —	96.43	—	—	—	—
FEV1/FVC	[%] 83.27	99.55	120	—	—	—
FEV3/FVC	[%] 97.00	—	—	—	—	—
FEV6/FVC	[%] —	—	—	—	—	—
FEV1/FEV6	[%] —	—	—	—	—	—
FET	[S] —	0.67	—	—	—	—
ExptTime	[S] —	0.17	—	—	—	—
LungAge	[Y] 34.00	32.00	94	—	—	—
FVC	[L] —	2.46	—	—	—	—
PIFR	[L/s] —	9.56	—	—	—	—
FIF25%	[L/s] —	10.03	—	—	—	—
FIF50%	[L/s] —	13.27	—	—	—	—
FIF75%	[L/s] —	10.92	—	—	—	—
FN.5	[L] —	2.35	—	—	—	—
FN1	[L] —	—	—	—	—	—
FN3	[L] —	—	—	—	—	—
FN.5/FVC	[%] —	95.64	—	—	—	—
FN1/FVC	[%] —	—	—	—	—	—

- Pre Medication Report :
Spirometry within Normal range as FVC% $\geq$ 80 And
FEV1/FVC% $>$ 70

- Pre COPD Severity Report:
COPD Severity within Normal range

- Doctor's Comments :



Note: The results may be clinically correlated.

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Name	RAJA SEKARAN P	Emp#	25075
Age	34/M	Date	01-Mar-21

X RAY CHEST (PA VIEW)

The heart size and configuration are within the normal limits.

The aortic arch is normal.

The lung fields show normal broncho-vascular markings.

Both the pulmonary hila are normal in size.

The costophrenic and cardiophrenic recesses and domes of the diaphragm are normal.

The bones and soft tissues of the chest wall show no abnormality.

IMPRESSION:

➤ Normal study



DR. ABINESH, MD. RD
(CONSULTANT RADIOLOGIST)
Reg: No: 104276

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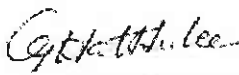
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MEDICALSURVILLANCE PROFORMA

NAME : NARAYANAN I AGE : 40/M EMP # : 23001 REF BY : Ramco industries ltd -(Tirunelveli) LIS # : 31917 MHC DATE : 01-03-21		
Medical history		
Personal History	Nil	
Present Complaints	No specific complaints	
Systemic Examination		
Cardio Vascular System	S1S2 +	
Respiratory System	NVBS +	
Abdomen	SOFT NON TENDER	
Central Nervous System	NO FND	
LAB INVESTIGATION	(1)BLOOD TEST (2)URINE TEST (3)SPUTUM AFB SMEAR	(REPORT ENCLOSED)
	x-ray chest PA view	(REPORT ENCLOSED)
General Advices/remarks	1.Sputum for Asbestos - Negative 2.Advice to avoid direct exposure to occupational lung hazards(ref-NIOH guidelines) 3.Recommended to use personal protective equipment's 4.Advise breathing exercises' regularly& good life style practices 5. Eat green, leafy vegetables such as spinach, and collards. 6. Drink Three liters of water daily. 7. Aim for less than 2,300 milligrams (about 1 teaspoon of salt) each day. 8. Every 20 minutes, rest your eyes by looking 20 feet away for 20 seconds. At least every 2 hours, get up take a 10-minute break. 9. Brisk walk 30 minutes daily (will burn more calories). get fit and maintain heart healthy	


Dr. HARI HARA SUDAN .G MSc, AFPH
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 TMC Reg. No. 94583,
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Regn ID : 31777 / 31917
Name [Age] / Sex : NARAYANAN L { 40 Y } / Male
Employee ID: 23001
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
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BIOCHEMISTRY

GLUCOSE (RANDOM)

: 83.44 mg/dL

80 - 120

HAEMATOLOGY

ESR 1 Hr

: 8 mm

2-15

COMPLETE BLOOD COUNT

DIFFERENTIAL COUNT

Neutrophils

: 47 %

40 - 75

Lymphocytes

: 40 %

20-45

Eosinophils

: 9 %

1-6

Monocytes

: 4 %

2-10

Basophils

: 0 %

0-1

HAEMOGLOBIN

: 17.3 gm/dL

Men : 13.5 - 18.0

Women : 11.5 - 16.5

Total WBC Count

: 6400 Cells / Cumm

4,000-11,000

RBC Count

: 5.4 Millions/cumm

Men : 4.5 - 6.5

Women : 3.8 - 5.8

PLATELET COUNT

: 2.84 Lakhs/cumm

1.50 - 4.00

Packed cell volume

: 50.3 %

Men : 40- 54

Women : 37-47

MCV

: 93.1 fl

76- 96

MCH

: 32 pg

27- 32

MCHC

: 34.4 %

30 -35

CLINICAL PATHOLOGY

URINE COMPLETE

Appearance

: Clear

PH

: 5.0 (Acidic)

Specific Gravity

: 1.015

Protein

: NIL

Glucose

: NIL

Ketone

: Negative

Nitrite

: Negative

Bilirubin (Bile salt & Bile Pigment)

: Negative

Dr. V. Raamamoorthy

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CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

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On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Maternal Statutory health checkup

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Regn ID : 31777 / 31917
Name [Age] / Sex : NARAYANAN L [40 Y] / Male
Employee ID: 23001
Referred By : A Ramco industries ltd -(Tirunelveli)
Corporate : Ramco industries ltd -(Tirunelveli)

Regn Date : 01/03/2021
Sample Coll. on : 01/03/2021
Comp. Report : 02/03/2021
Print Date : 02/03/2021
Report Type : Complete

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVAL
Urobilinogen	: Present in Normal Limits	
<u>DEPOSIT(MICROSCOPY)</u>		
Pus Cells	: 1 - 2 /hpf	
Epithelial Cells	: 1 - 2 /hpf	
RBCS	: NIL /hpf	
Casts	: NIL /hpf	
Crystals	: NIL	
Others	: NIL	
<u>MICRO BIOLOGY</u>		
SPUTUM AFB SMEAR	: Negative	

Negative : No AFB seen
/100 fields
Scanty : 1-9 /100 fields
1+ : 10 - 99 /100 fields
2+ : 1 - 10 / fields in 50
fields
3+ : > 10 / fields in 20
fields

** END OF REPORT **

Dr. V. Raamamoorthy
Dr. V. Raamamoorthy.MD.,(PATH)
CONSULTANT PATHOLOGIST

NOTE : All Lab test values are subjective and may have variation in context to age, gender and clinical status. The reference values given are a guidance, all variations in test values are to be interpreted with clinical correlation and physicians advice only.

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On Site Health Services :

Pre medical health checkup | Statutory health checkup
Food handlers health checkup | Periodical health checkup
Mining Statutory health checkup

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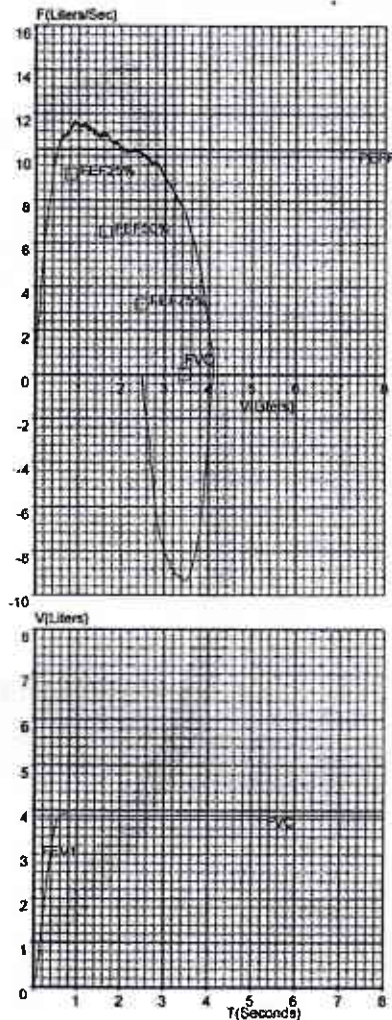
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RO-4 - NARAYANAN L
40 Years / Male / Ht 170 Cms / 64 Kgs / Non-Smoker

FVC TEST
Date: 01-03-2021 (T1)

Pred Eqn : CLARITY Eth.Corr : 100
Ref By : NONE

AN ISO 15189:2013 Certified Organisation
TempALC Certified Lab

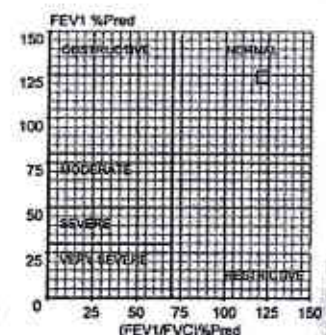
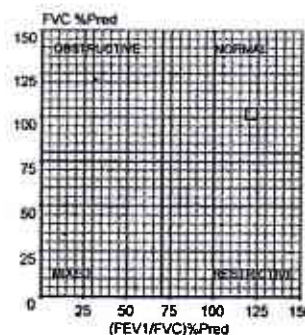


Parameter	Pred	Pre	Pre%	Post	Post%	Imp%
FVC	[L]	3.45	3.52	102	--	--
FEV1	[L]	2.83	3.51	124	--	--
FEV.5	[L]	--	3.46	--	--	--
FEV3	[L]	3.35	--	--	--	--
FEV6	[L]	--	--	--	--	--
PEFR	[L/s]	8.85	10.03	113	--	--
FEF25-75	[L/s]	3.94	8.94	227	--	--
FEF75-85	[L/s]	--	6.94	--	--	--
FEF 2-12	[L/s]	6.89	8.90	129	--	--
FEF25%	[L/s]	7.88	11.97	152	--	--
FEF50%	[L/s]	5.62	9.21	164	--	--
FEF75%	[L/s]	2.72	9.24	340	--	--
FEV.5/FVC	(%)	--	98.23	--	--	--
FEV1/FVC	(%)	82.03	99.66	121	--	--
FEV3/FVC	(%)	97.00	--	--	--	--
FEV6/FVC	(%)	--	--	--	--	--
FEV1/FEV6	(%)	--	--	--	--	--
FET	[S]	--	0.59	--	--	--
ExpTime	[S]	--	0.12	--	--	--
LungAge	[Y]	40.00	30.00	75	--	--
FVC	[L]	--	1.38	--	--	--
PIFR	[L/s]	--	8.04	--	--	--
FIF25%	[L/s]	--	8.61	--	--	--
FIF50%	[L/s]	--	10.04	--	--	--
FIF75%	[L/s]	--	10.40	--	--	--
FIV.5	[L]	--	1.38	--	--	--
FIV1	[L]	--	--	--	--	--
FIV3	[L]	--	--	--	--	--
FIV.5/FVC	(%)	--	100.00	--	--	--
FIV1/FVC	(%)	--	--	--	--	--

- Pre Medication Report :
Spirometry within Normal range as FVC% >= 80 And
FEV1/FVC% > 70

- Pre COPD Severity Report:
COPD Severity within Normal range

- Doctor's Comments :



Note: The results may be clinically correlated.

[Signature]
Dr. A. SRINIVASAN MD (CMB) D.O.
Consultant Chest Physician
Reg. No. 36078

On Site Health Services :

Pre medical health checkup / Postnatal health checkup
Aged health checkup / Periodical health checkup
Occupational health checkup

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IMPRESSION:

➤ **Normal study**



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